

THE KINETIKA BLOCO LEADERSHIP PROGRAMME

The Kinetika Bloco Leadership Programme is perfect for anyone wanting to develop leadership qualities that will help you manage yourself and advance your success in education and work.

In this ten-week programme, for young people aged 14-25, experts will take you through some important aspects of leadership such as Confidence, Time Management, Financial planning, Public Speaking, Interview Techniques and Networking giving you practical tools to implement in your life, affecting positive change.

Upon graduation you gain:

- Opportunities for 10 hours of paid work with Kinetika Bloco
- A monthly Leadership and further training newsletter
- Access to a network of likeminded peers to support and collaborate with
- Connection to creative and professional mentors
- Further creative training, seminars and panel discussions with industry professionals

'I truly believe anyone can be anything they want to be. We charter our own course by the determination we have to be successful at whatever it is that we do.

You'll get out of the programme a toolkit that you can dip into.

It helps you really think about: If I had an opportunity to be a leader, what might I want to look like, who might I want to be and why?'

David Hopley, OBE, Leadership Programme Co-designer and lead facilitator

The Purpose of the programme:

- To empower young people to lead and have greater influence on the direction of their lives, their education and their careers
- To give young people access to professionals in business and the creative industries.
- To give all young people the chance to step up and be a leader

This programme is our Leadership Development Strategy at Kinetika Bloco, 80% of our Staff team is made up of alumni who have gone through the programme. It provides clear progression, an authentic way to engage youth voice and a strategy to diversify the workforce.

'If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward.' Martin Luther King

Click here to watch **Kinetika Bloco Leadership Programme** video



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Programme starts in **September 2021** – Cost: **FREE**
Sign up at kinetikabloco.co.uk/join-us

KINETIKA BLOCO

THE LEADERSHIP JOURNEY

TESTIMONIALS

Dominic Canning

Dominic joined Kinetika Bloco in 2010 as a musician, completing the Leadership Programme in 2013. He joined our staff as a workshop leader from 2013-2018. In 2018, he launched his own bands, Project Karnak and Triforce; he became a founding member of Steam Down Collective and now tours as Musical Director and keys with Celeste. Many of the creatives he works with are from the network he built with us at Kinetika Bloco.

'Kinetika Bloco pushed me to play piano when I didn't really have faith in my abilities. This treatment is trademark for everyone in Bloco, we encourage everyone to keep having a go. This upbringing has shaped who I am as a person and what I do. It wouldn't have been possible without Kinetika Bloco.'

Sheila Maurice-Grey

Sheila joined Kinetika Bloco in 2005 as a trumpet player, completing the Leadership Programme in 2013. She joined staff as Brass Tutor on our projects in 2014 whilst attending university and playing in bands. In 2018, Sheila was invited to be Musical Director for our Summer School. She is the band leader of Ms Maurice and Kokoroko touring the world as a professional musician.

'At first, I was almost determined that I knew all there was to know about leadership, but taking part in the course made me realise not only that I had quite a journey, but also my potential.'

Christine Alaby

Christine joined Kinetika Bloco as a dancer in 2006 and completed the Leadership Programme in 2012. She went on to work in Human Resources and is now a confidence coach and parenting support worker.

'When we started the programme, my first thoughts were, this sounds very exciting, this sounds very intriguing. I did have my reservations and thought, am I really going to get a lot out of this? And it turns out I did.'

Shayanna Dyer-Harris

Shayanna joined Kinetika Bloco in 2001. In 2012, she completed the first ever Leadership Programme going on to assist in workshops, project manage and now is a host and band leader. She became an employee of Kinetika Bloco in 2014 leading our education programmes, managing teams and now, running the leadership programme itself.

'It was one of the best choices I ever made! I had the opportunity to learn some key skills that throughout my career I still use. Now, I help others do the same. Some people only learn these skills as adults after formal education has finished. You could learn these skills way before that!'

THE LEADERSHIP PROGRAMME SESSIONS INCLUDE

Session	Session content	Skills learnt
Teamwork	Participants are challenged to explore team skills, reflect on strengths and weaknesses as a group, consider goals, roles, processes and relationships	Communication Negotiation Adapting
Communication	Looking at the impact and use of verbal and non-verbal communication: how you look; how you sound; what you say	Communication Body language Active Listening
Authenticity	Participants are invited to discuss their pre-conceptions and the realities of leadership exploring how you can find your authentic self and your voice?	Self-reflection Feedback Public speaking
Mindfulness & Emotional Intelligence	Exploring Mindfulness techniques and methods for coping with stress. Looking at ways to recognize, understand and manage your own and others emotions.	Emotional awareness Compassion Mindfulness
Self-Confidence & Resilience	Discussing and exploring how to build habits that help boost your confidence, manage difficult situations, deal with critique and increase resilience.	Confidence building Resilience Self-regulation
Entrepreneurial Leadership	Looking at the traits of an innovative and entrepreneurial leader, how to possess them and ways of working as a freelancer.	Persistence Measured risk-taking Creative thinking
Financial Management	Learning how your decisions affect your finances – management, budgeting, saving goals and financial discipline	Budgeting Goal setting Problem-solving
Time Management	Time management techniques and how to implement them in your life to get where you want to go – goals, prioritising needs v. wants, focus, structure and self-awareness.	Strategic thinking Scheduling Prioritising
Workshop Facilitation	A practical session looking at workshop structures and skills needed to get from planning to delivery, including, goal setting, roles, managing expectations and being authentic.	Lesson planning Delegation Problem solving
Interview Techniques	Participants discuss the expectations of interviews, understand what an interview actually is, what it serves to do, and how it can work for you.	Interview techniques Body language Research
Creative Practice	Masterclasses with musicians and creative industries experts sharing their creative practice and keys to develop your own.	Creative development Motivation Career Journeys
Public Speaking & Healthy Choices	Key themes that cross over almost all sessions. These skills are incredibly important in building confidence in the decisions you make and the things you say.	Planning Engaging the audience Taking Feedback

THE DELIVERY TEAM

The programme facilitators have many years of experience within their field. They include:

David Hopley, OBE

A leadership, management, business consultant and executive coach working in both industry and institutions and as well as having had a highly successful military career, where he was the Deputy Commander of the UK Special Forces.

Haydn Rees

A consultant in transformation leadership, and leadership team development. Haydn has twenty plus years of experience in this field and has worked with everyone from GB Olympic teams, Lego, Disney, to Barclays.

Kathy Ogunbona

A top financial consultant and social media influencer sharing her financial expertise on how you can maintain and increase financial wealth and health. Kathy works as a FCO in the charity sector.

Katherine Green

The Global co-Head of Firmwide learning for Goldman Sachs investment bank. She is an expert in diversity and inclusion in business and a certified coach supporting professionals on self-confidence and resilience.

Other guest facilitators have included:

Sheila Maurice-Grey (Kokoroko, Nérija),
Fatine Boumaaz (Ronnie Scotts Foundation),
Zainab Shariff (Coach),
Alan Hopley (Entrepreneur),
Femi Koleoso (Ezra Collective and Jorja Smith),

Jamie Edwards

A performance coach, author and founder of The Trained Brain. Jamie works with elite athletes and business people all over the world. Jamie shows you how the way you think can help your talent and skills to take you to the next level.

Kathy De Beer

A consultant in organisation development and business psychology consultancy. Kathy uses her experience to lead Mindfulness workshops and coach on the benefits of slowing down.

Kyle McInnis

A musician managing life as a seasoned, travelling and gigging musician, Head of music in a secondary school and workshop facilitator. He is an expert in time and financial management sharing from practical life experiences.

Moses Boyd (Mercury Prize nominee and musician),
Theon Cross (Sons of Kemet),
Claire Umney (JazzFM Radio and event producer)
Marcel Pusey (Founder of Bassistry Ltd)
and many more.

WHO WE ARE – KINETIKA BLOCO

At Kinetika Bloco, we support young people to progress from absolute beginners to successful professional musicians and dancers. Through the music, dance, design and leadership activities we enable young people to have creative engagement, determine company policy and direction and to follow pathways for leadership and career development and participate in society as mature and responsible individuals. We do this by providing a space for them to discover their creativity and make something amazing together at our Summer Schools, creative workshops and large-scale public performances.

The Kinetika Bloco Leadership Programme was established in 2012. Over 100 young people have completed the programme, with over half going on to work in the creative industries and 85% to further education.